



Reliable Care Services Ltd

WORKING TIME REGULATION- OPT OUT FROM 48 HOUR RULING

The working time regulation came into effect on 1 October 1998. One of the main provision of the regulation states that employees other than managing executives or employees with autonomous decisions making powers may not be required to work in excess of 48 hours per week averaged over a seventeen week reference period.

While Reliable Care Services positively discourages the working of excessive hours, it recognizes that individual employees may wish to exercise their right to opt out of the 48 hours ruling. Employees who wish to Opt out should complete this form and return it to the personnel department.

Full Name.....

Job Title.....

Department.....

I wish to exercise my right to opt out of the 48 hour ruling contained within the working time regulation and understand that in normal circumstances I will be required to give four weeks' notice in event that I wish to withdraw from this agreement.

Signed.....

Date.....